

Photo-Rejuvenation Treatment Protocol Summary

In general, 12 treatment sessions, performed twice per week for 6 weeks, will provide maximum improvement in the appearance of fine lines and wrinkles, as well as improvement in skin tone and texture.

However, the favorable effects of VersaClear red (615nm) photo-rejuvenation treatments will be enhanced by other commonly available skin treatments. For example, microdermabrasion performed prior to the first VersaClear treatment will improve light penetration. In addition, the regular application of high quality topical anti-oxidants, moisturizers, and sunscreens will be beneficial.

It is therefore recommended that a variety of treatment strategies be made available to the patient. For example, the following protocols are commonly used. Treatment regimes commonly are preceded by a mild chemical peel or microdermabrasion.

- 1 Treatment – as a facial “pick-me-up”. Patients frequently report a mild improvement in skin tone and texture after a single treatment session.
- 3 Treatments, twice per week – Patients frequently report a reduction in pore size, resulting in smoother application of make-up, after 3 treatment sessions.
- 6 Treatments, twice per week – Patients frequently report pore size reduction and noticeable changes to overall skin tone, texture, and radiance.
- 12 Treatments, twice per week – This advanced treatment regime will result in maximum photorejuvenation effects, including a reduction in the appearance of fine lines and wrinkles, as well as overall improvements in skin tone and texture.